

**MACVPR Meeting Minutes**  
**Tuesday, January 25<sup>th</sup>, 2011**

In attendance: Debra Frankowick, Jenny Kunes, Nancy Mannion, Kevin Richman, Terry Mapp, Linda Price, Debbie Lund, Kevin Platt, Lisa Gerberg, Tina Miller, Kristen Fletcher, Pretti Benjamin, Martine Milman, Nancy Bauknight, Mary Beth Linthicum, Senie Mentis, Sara Stees

The meeting was called to order at 0930 by Sara Stees, President

**Agenda Items:**

**Day on the Hill:**

Debbie Lund discussed the up-coming 2011 Day on the Hill (March 2-3). Those attending will once again be discussing the implications of CMS's interpretation of the law with regard to reimbursement; especially the issue of using NPs. MD's contingent will be ~6-7 people again this year. There is also a leadership conference the following day, March 4.

**Towson University/MACVPR Internship:**

Sara updated attendees about the earlier proposed TU internship with MACVPR. The internship has been approved. To date – there have not been any applications for that particular spot. Sara will be visiting Towson University in late Feb/early March to meet with students in the Foundations of Exercise Science class to discuss our field, as well as MACVPR's role in that field. Sara will also be highlighting the 2011 conference. (In related topic – Sara will be following up Scott Fidler from TU to discuss details of the cooperation between the two organizations, especially in relation to sponsorship and marketing).

Conversation continued regarding the role of interns at our facilities and suggestions for roles and responsibilities of our interns were given by several people. If you wish to share your internship program, or would like to see what others are doing, please email Sara at [sstees@uchs.org](mailto:sstees@uchs.org).

**Pulmonary Hypertension Association update by Tina Milman:**

Tina Milman updated attendees on the newest recommendations on exercise for patients with pulmonary hypertension after attending a preceptorship meeting in December. She shared a publication that can be pulled off line from: [www.phaonlineuniv.org/journal](http://www.phaonlineuniv.org/journal). If you wish to contact the Medical Outreach Associate, you can email him (John Krizel) at [john@phassociation.org](mailto:john@phassociation.org).

**Treasurer's Report:**

Mary Beth Linthicum reported on the state of the organization: we currently hold \$11,016 in our treasury.

**2011 Spring Conference:**

1. Speakers: we have all our speakers confirmed:

Dr. Lansing – clinical trials on pulmonary medications and CV response to pulmonary meds

Angela Snyder, RD – Pre/post exercise nutrition for those with DM, motivational tools, and navigating the commercial weight loss programs

Dr. Richard Waranch – relaxation techniques, sleep hygiene, and cognitive behavioral therapy

Debbie Lund – reimbursement update

Dr. Beinart – Afib, CHF and exercise

Dr. Pokrywka – Lipid management

The conference committee is working hard on collecting bios, etc and using that info to prepare the CEU applications (Kevin Platt will be doing the pre/post tests for PTs and Debbie Lund is doing the AACVPR and AARC applications)

## 2. Sponsors:

Linda will be doing the layout for the vendors' display and door prizes

Cecily is taking care of the non-profits

Lisa has been working on gathering sponsorship for the conference, she has sent out 18 requests, and has heard from some. Confirmed sponsors:

Medifast - \$450

Lifebridge Health - \$200

Astra Zeneca - \$450

Cardiac Science - \$900

Medtronic is pending

Other suggestions from people: Cardiology practices, Zoll rep, Milner-Fenwick, safeway, Walmart, Target, Giant, etc

If you have ideas – please send them to Lisa Gerberg at [ligerber@lifebridgehealth.org](mailto:ligerber@lifebridgehealth.org)

## 3. Brochures:

Drafts of brochures were passed around. Consensus was to use the tri-fold version. Sara is creating the brochure and will be sending the final version to the print shop (QuickPrint). The print shop already has all of the mailing lists and they are checking them for duplicates and preparing for the mailing. Brochure will be sent to printer by end of February.

This year, a cancellation fee will be added to the brochure (\$40), as well as Sara's contact information for anyone having questions about the conference. Non-member registration fee has been raised to \$145, members' fee remains at \$110, with full-time student rate remaining at \$55.

We are still searching for a name/title for the conference. If you have suggestions, please send suggestions to Sara ([sstees@uchsc.org](mailto:sstees@uchsc.org)).

## **Teleconferencing business meetings:**

It was suggested that we find some options for using teleconference services for those who cannot physically attend our business meetings. Sara found one online service for free. No one had ever used that service and so options for using the hospitals' own services was suggested. It was decided that we would put out a survey to assess members' needs for such a service, as well as discuss this more at a later time.

## **CEPA:**

Debbie Lund updated attendees about the actions of CEPA (Clinical Exercise Physiologist Association). She is currently serving as the liaison between AACVPR and CEPA. Debbie also notified all on a webcast on about compliance. CEPA is an affiliate of ACSM.

**Newsletter:**

Once again, Sara is requesting anyone with ideas for the newsletter to send them along. She will have a section on Cardiac rehab and Pulmonary rehab weeks and activities going on around the state. Feel free to send your institutions' info. 2/4 is Go Red for Women day.

**New Officers:**

The term of the current officers will expire in June. We will hold nominations for new officers in March and then vote shortly thereafter. Our current Vice-President/President-Elect, Lisa Gerberg, will become the next President. We will be accepting nominations for: Vice-President/President-Elect, Secretary, and Treasurer.

Sara also made suggestions for new positions for next term. These were just ideas to be discussed at a later time. (these would not be permanent positions, until we decide that they are necessary and appropriate to change the MACVPR bylaws.) These positions include:

State cert/re-cert chair

Membership chair

Student chair

NEXT meeting is March 8<sup>th</sup>, 2011 at Tate Center at Baltimore-Washington Medical Center