

MACVPR BUSINESS MEETING MINUTES

September 11, 2007

Time Started: 9:30 am

Time adjourned: 11:30 am

Location: Baltimore – Washington Medical Center, Rehab Conference Room (lower level)

Meeting conducted by Pam Peitz, MACVPR President

Attendees:

- Debra Lund, RCEP, BW Medical Center
- Kristen Fletcher, MACVPR Secretary, Frederick Memorial
- Cecily Ludka, MACVPR VP Doctor's Community
- Pam Peitz, MACVPR President, Washington County Hospital
- Linda Price, MACVPR Conference Chair, Carroll Hospital Center
- Preeti Benjamin, MACVPR Past President, Howard County
- Nancy Kaylor, RN, Montgomery General Hospital
- Sara Stees, RCEP, Upper Chesapeake
- Ellen Gorman, BW Medical Center
- Laura Smith, CEP, Upper Chesapeake

I. June 12, 2007 Business Meeting minutes approved

II. Treasurer's Report – \$17,351.30

III. Legislative Update/Letters to Representative – Debra Lund

- a. No real news. None of the bill AACVPR were working on ever moved forward, none of our own senators co-sponsored the bill
- b. Medicare is changing from fiscal intermediary's to MAC's (Medicare Administrative Contractors). This will go into effect sometime in 2008. One MAC will cover D.C., MD, DE, NJ and PA. A decision has not been made yet about who the contractor will be. The concept of a MAC is to develop one policy for a larger geographic area so there is less discrepancy vs. the Fiscal Intemediary. Debbie will learn more about this at the national meeting.
- c. Currently MAC's in the West do not cover Pulmonary Rehab. We will be working to keep Pulmonary Rehab in the coverage in Maryland. Cardiac Rehab should be covered because it has a national policy.
- d. Linda Price notified the group that Carroll County Hospital in Westminster was contacted by Senator Ben Cardin's. Heather Campbell the senator's legislative assistant met with various people at the hospital and wanted them to forward all concerns to her and she will get them to

the senator. The bill S 329 was presented to her as a concern. Linda was wondering if any other hospital had been visited. None that we were aware of. Debbie Lund will contact Heather Campbell and notify MACVPR what action to take from here if any. Heather Campbell can be contacted at Heather.Campbell@cardin.senate.gov

- IV. MACVPR Fall Dinner Meeting:
 - a. Meeting date: November 13, 2007, Business Meeting 6:00 pm, Dinner 6:30 pm, Presentation 7:00 pm.
 - b. Location: Candlelight Inn, Catonsville, MD
 - c. Cost of dinner included for current members. \$30.00 will include cost of dinner and 2008 membership.
 - d. Guest Speaker: Vicki Altman, RN, BSN, MED, CFRN
 - i. Topic: Cardiac Markers Including Troponin, CPK, BNP and Pro-BNP.

- V. Fall Dinner Meeting: - Linda Price/Pam Peitz
 - a. November 13, 2007 – 6:00 PM
 - b. Speaker: Meredith Stine from Roche to discuss BNP and pro-BNP
 - c. Candlelight Inn – Catonsville, MD

- VI. Pre and Post MET levels – Debbie Lund
 - a. Only 4 programs sent information to Debbie
 - i. Upper Chesapeake – Average Pre 2.85 METS, average Post 4.8 METS, average change 1.84 METS. Average number sessions 34.6
 - ii. Baltimore Washington – Average Pre 2.99 METS, average post 4.35 METS, average change 1.36 METS. Average number sessions 26.94 (due to risk stratification)
 - iii. Doctor's Community – Average Pre 2.38 METS, average post 4.11 METS, average change 1.73 METS, average number of sessions 32.26.
 - iv. Washington County – Average Pre 2.18 METS, average post 4.1 METS, average change 1.91 METS, average number of sessions 35.25.
 - b. **It is important that we are benchmarking as a state society. In addition to METS we will also be benchmarking BMI. We ask all members to please send July, August, September 2007 data no later than October 31st, 2007 to Debbie Lund at dlund@yahoo.com. Please include pre and post average METS and BMI, average change and average number of sessions. Please only include those patients who attended a minimum of 12 visits.**

- VII. Other Outcomes

- a. CES-D: Depression Questionnaire.
 - i. Washington County is using this questionnaire and finds it very easy to use, easy to score and it is FREE. MD is sent a letter if the patient scores over 16. Pam will email the letter to members for an example if they would like to use it.
 - ii. Programs are encouraged to start using the same tools for benchmarking. However, it is recognized how difficult it is to make a change within a program if you are using different tools or have to add an additional questionnaire. Members are encouraged to consider this questionnaire in their programs so we can add as a benchmark. Currently MACVPR will currently, however, begin benchmarking with common measurements that all programs are using as mentioned above (METS and BMI)

VIII. MACVPR ANNUAL CONFERENCE

- a. Proposes dates are Tuesdays 10/14/08 or 10/21/08 or Thursdays 10/16/08 or 10/23/08. Dates will depend on facility availability.
- b. Linda Price investigated several locations in the Baltimore area, all of which were significantly more expensive than the Holiday Inn Timonium. The members expressed trying a new location for a new experience. Linda proposed the Best Western in Westminster. Cost is \$3075. There are no hidden charges for tables, electricity, and parking. AV will be charged; we need to provide a laptop. The present members agreed this new location was worth trying to see what the turnout will be. Linda will look into what date is available.
- c. Tentative speaker topics/ideas
 - i. American Black Cardiologist – Targeting the underserved population
 - ii. Nuclear Med – National guidelines
 - iii. Implanted Devices for CHF pressure monitoring – Boston Scientific
 - iv. Jeanne Ruff to provide name of pulmonologist re: PR
 - v. Oxygen utilization/deliver
 - vi. Reimbursement update – Debbie Lund
 - vii. Dr. Vogel- Univ of MD. Lipids
 - viii. Joslin – Diabetes
 - ix. CV stenting – Dr. Rathi ,Doctor’s Hospital (consider for Spring 2008 dinner meeting?)

IX. Fall 2007-Spring 2008 meeting dates:

- a. Meeting dates:
 1. 11/13/07 – Dinner meeting
 2. 1/8/08 – 9:30 Business Meeting
 3. 3/11/08 – 9:30 Business Meeting
 4. Possible April Dinner meeting - TBD
 5. 6/10/08 – 9:30 Business Meeting
 6. 9/9/08 – 9:30 Business Meeting

7. National AACVPR Annual Conference, Indianapolis, IN
9/18/08-9/21/08.
 8. MACVPR Annual Conference – October 2008, date TBD.
- X. Fill in for Kristen, Secretary 12/07-4/08
 - a. Sara Stees volunteered to take minutes for the meetings and keep website up to date while Kristen is on maternity leave. Thank you Sara!
- XI. Congrats to Debbie Lund!
 - a. MACVPR would like to congratulate Debbie Lund for being selected as a National AACVPR Board of Director. This is a great accomplishment and we are all very proud to have her as one of our own in Maryland!!!