

MACVPR Meeting Minutes

Tuesday, September 14, 2010

In attendance: Pam Peitz, Mike Payne, Linda Price, Tina Miller, Marjanna Winafeld, Lisa Gerberg, Cecily Ludka, Ellen Gorman, Debra Lund, Michele Larson, Sara Stees, Marc Womeldarf, Kevin Platt, Preeti Benjamin, Pam Caldwell

The meeting was called to order at 0930 by Sara Stees, President

Agenda Items:

Treasurer's report: Sara reported in Mary Beth's absence that we have \$14023.70 in our account

Survey Results: Sara e-mailed a survey to members for feedback regarding future conferences. Only 8 people responded.

How often should we have conference? 6 said annually , 2 every 18 months

Should we keep meals the same or charge more for healthier meals? 4 same, 4 more expensive and healthier

Location? 4 Towson, 1 Timonium, 1 Bowie, 1 Rockville, 2 anywhere

Prefer spring or fall 6 spring 1 fall

Day of week 5 during week, 2 weekend, 1 either

A long discussion ensued as to how often to do the conference and the majority felt it should be annual. Co-chairs for the past 3 years, Linda Price and Pam Peitz, stated more volunteers were needed to help with the conference if it was to be annual. A conference committee was formed to include: Lisa Gerberg, Sara Stees, Kevin Platt, Ellen Gorman, Debra Lund, Pam Peitz and Linda Price. The first meeting of the committee is to be at 5pm, November 9th prior to the dinner meeting at Tragara's. Linda and Pam will make lists of the various duties to be divided among the committee.

The next conference will be held in Timonium at the Crowne Plaza as they have guaranteed us the same prices as last year. In the future, we will look for other sites. Perhaps one of the hospitals or schools has a conference room we could use at a lower cost. Linda will check the dates of April 12th, April 5th and May 3rd in that order.

Suggested topics for conference:

- ✓ Exercising with orthopedics disorders and/or chronic pain
- ✓ Exercising cancer patients
- ✓ Congestive Heart Failure update
- ✓ Valve replacements and exercise
- ✓ Nutrition- possibly with tie in to diabetes
- ✓ Bariatrics- Mike Payne has possible speaker
- ✓ Pain Management
- ✓ Understanding PFT tests and how they qualify patients- Marjanna will check with a potential speaker
- ✓ LVAD's- Dr. Russell a possible speaker
- ✓ Maze procedure
- ✓ Psycho- social topic

Fall Dinner Meeting: To be held at Tragara's in Bethesda at 6pm with speaker starting around 7p, cash bar. Dinner is free for those who have paid 2010 dues, \$30 for all others, the plavix rep will be there with the cards for 14 days of free plavix that we can give our patients in need

Speaker: Dr. Michael Castine

Interventional Cardiologist

Topic: PPI's, Plavix, Stents, Platelet Assays

Recertification: Several centers are due to re-certify. Pam will try to contact national about dates and send info out to all members

Infection Control: Pam states that at WCH, the infection control department said they need to either use disposable BP cuffs OR wash the regular cuff everytime it is used with CAVI wipes and allow three minutes drying time between uses. WCH opted to go with disposable cuffs. Each patient is issued a cuff when they start the program and use it the entire time, it is stored with their telemetry pouch. Several other programs are also using the disposable cuffs. WCH is using CAVI wipes for cleaning exercise equipment between patients. Two programs recently had JCAHO visits and neither were questioned regarding infection control issues.

Clinical Exercise Physiology Association (CEPA)- Deb Lund reported that she recently joined CEPA. They are looking into ways to license exercise physiologists. Utah is one of the states

close in the process. Deb has joined two committees in the organization and will keep us posted.

Meeting dates 2011:

January 11th, 2011

March 8th, 2011

June 14th, 2011

September 13th, 2011

Submitted by Pam Peitz, RN, MS, Secretary of MACVPR