

# MACVPR BUSINESS MEETING MINUTES

## JUNE 12, 2007

Time Started: 9:30 am

Time adjourned: 12:00 pm

Location: Baltimore – Washington Medical Center, Rehab Conference Room (lower level)

Meeting conducted by Pam Peitz, MACVPR President

### Attendees:

- Debra Lund, RCEP, BW Medical Center
- Kristen Fletcher, MACVPR Secretary, Frederick Memorial
- Cecily Ludka, MACVPR VP Doctor's Community
- Pam Peitz, MACVPR President, Washington County Hospital
- Linda Price, MACVPR Conference Chair, Carroll Hospital Center
- Preeti Benjamin, MACVPR Past President, Howard County
- Tina Millman, RRT, Howard County
- Sara Stees, RCEP, Upper Chesapeake
- Ellen Gorman, St. Joseph's
- Marybeth Daniels, RN, MACVPR Treasurer, Shorehealth Systems
- Jo Ann Kim, RN, Doctor's Community Hospital

- I. January 10, 2007 Business Meeting minutes approved
- II. Treasurer's Report – Report give by Marybeth Daniels, MACVPR Treasurer. To date balance is \$17,552.98. YTD expenses: \$10,751.00, YTD revenue: \$11,945.00.
  - a. Tax-exempt number – Marybeth is waiting to hear back from the state controller's office. MACVPR does not currently have a tax-exempt number and Marybeth is trying to obtain one.
  - b. Marybeth will also follow up on bank statements to see if they have gone electronic.
  - c. Suggested that we have CPA review book
- III. Legislative Update/Letters to Representative – Debra Lund
  - a. Debra encouraged that we begin a letter writing campaign, suggested by AACVPR. This is to support the bill S 329 and HR 552). We need the majority to support the bill to get Cardiac and Pulmonary Rehab it's own benefit category under Medicare and remove it from "incident to" physician. This bill will help ensure payment for Cardiac and Pulmonary Rehab services.
  - b. Thus far we have Maryland Representatives: Gilcrest, Ruppertsburger, Wynn and Bartlett that have signed to support the bill.

- c. We need to target patient petition and letter writing campaign to those in Maryland who have not supported the bill. It is urgent that this be sent ASAP before Medicare legislation is voted on.
- d. Please continue to write and call and send patient petitions or have patients write and call, especially if you live or work in their district:
  - i. Representatives Sarbanes, Hoyer, Cummings, Van Hollen
  - ii. Senators: Mikulski and Cardin
- e. Linda Prince also encouraged that we get our hospital administration to ask that the bill be supported. The CEO from Carroll County wrote a letter for them.

IV. Reimbursement-

- a. All Cardiac Rehab programs should be billing as a “Clinic” service: It has been mandated that Cardiac Rehab can only bill 5 RVU’s per exercise session. Rates are regulated by the state and differ per hospital. Below are the current rates for the programs represented at this meeting:
  - i. Doctor’s Community: \$65.00
  - ii. Upper Chesapeake - \$60.00
  - iii. Shore Health - \$107.00
  - iv. BWMC - \$100.00
  - v. Howard County - \$103.00
  - vi. Washington County - \$97.00
  - vii. St. Joseph’s - \$65.00

V. New Officers:

- a. Welcome to our new officers and thank you for taking on this commitment!
  - i. Pam Peitz, RN, MACVPR President
  - ii. Cecily Ludka, RN, MACVPR Vice President
- b. This was follow up discussion for the last meeting re: if the Vice President should be also President elect. It was decided by the group to currently follow what’s in the constitution since VP would have to make a four-year commitment for 2 years as VP and 2 years as President. Many members thought it would be difficult to recruit for that. Rather to mentor those who are interested in holding future office and get them involved/educated in the current processes.
- c. Kristen Fletcher reported that current membership is 77 members

VI. Evaluations for MACVPR Spring 2007 Conference:- Preeti Benjamin

- a. The overall all conference was rated 30/36.
- b. The Afib, CHF, Smoking Cessation, Erectile Dysfunction speakers all received 15/16.
- c. Reimbursement Speakers received 14.5/16
- d. Exercise in the High Risk Patient speaker received 12/16

- e. Topics for the future were suggested as follows:
    - i. Exercise guidelines for special populations
    - ii. New innovation for Cardiac Rehab programs
    - iii. How to improve compliance to program attendance and how to improve compliance to dietary changes
    - iv. Ways to identify Depression and what to do once identified
    - v. Program Development – ways to increase programming /diversify
  - f. Suggestions for improvement:
    - i. Time the speakers- cue in back of the room
    - ii. Please use Mic when present speaker
    - iii. Handouts/slides were hard to read
    - iv. Provide a heart healthy breakfast
- VII. Fall Dinner Meeting: - Linda Price/Pam Peitz
- a. November 13, 2007 – 6:00 PM
  - b. Speaker: Meredith Stine from Roche to discuss BNP and pro-BNP
  - c. Candlelight Inn – Catonsville, MD
- VIII. 2008 Membership Dues:
- a. Members voted on increasing membership due from \$25.00 to \$30.00 to help cover the costs of the dinner and other membership benefits, such as the website.
- IX. Fall Risk Assessment- Pam Peitz
- a. Pam asked what other programs are doing to assess Fall Risk.
  - b. Many programs have some sort of a form or questionnaire to risk stratify falls. Those at risk are identified by a sticker on their chart or name badge.
  - c. Attached is an example of Fall Risk Assessment policy from Washington County Hospital.
  - d. This is required and audited by Joint Commission.
- X. Pre and Post MET levels in Cardiac Rehab – Beginning Benchmark Data:
- a. We need to begin benchmark data in Maryland. Outcomes have been discussed at previous meetings in detail, but there have been a few glitches in the quality of life and dietary questionnaire outcomes we decided on. Therefore we agreed to start with one bench mark and continue from there:
  - b. Please send Pre and Post MET level (preferably 2<sup>nd</sup> and 2<sup>nd</sup> to last visit), the average change. Please send most recent quarterly data to Debbie Lund at [dlund@bwmc.umms.org](mailto:dlund@bwmc.umms.org). Debbie will compile the data and share with the members.
  - c. Please also begin to look at CES-D. We would like to use this as a benchmark for depression. Programs currently using the tool find it easy to use and more specific to the population they are working with. CES-D is attached.

- XI. New MACVPR Website – Kristen Fletcher
  - a. Website has been updated. We are using a new company, Hi-Tech designs. They have done a wonderful job keeping the website up to date.
  - b. Kristen is to check to see if the brochure is still available on the website, if not, she will have it added back on.
  
- XII. Next Annual Conference: Pam Peitz and Linda Price
  - a. It was proposed that the annual conferences be held every 18 months (Fall then Spring) vs. every 12 months. This allows for more planning time by the conference chairs and committee. The planning is very time consuming and the extra 6 months would be helpful. The present members agreed. Therefore the next annual conference will be held in Fall 2008. The National AACVPR conference in Indianapolis will be held September 18-21, 2008. Therefore, the MACVPR conference will most likely be in last October.
  - b. Linda Price handed out a breakdown of the assignments for the conference committee. Please see Linda Price for specifics
    - i. Pam Peitz- Program Co-Chair
    - ii. Linda Price – Exhibitor/Vendor Co-Chair
    - iii. MACVPR President – Host/Welcome
    - iv. MACVPR VP – Registration Desk
    - v. MACVPR Secretary – Website, email updates, registration
    - vi. MACVPR Treasurer – Registration Fees, Financial Transactions, Name tags
    - vii. Non – profit exhibitors committee – Cecily Ludka
    - viii. Conference Folder committee – Dawn, St. Agnes
    - ix. Evaluation committee – Preeti Benjamin
  - c. Fall 2007-Spring 2008 meeting dates:
    - i. Discussion was tabled for next meeting regarding the location of the future meetings and possibility of teleconference.
    - ii. Meeting dates:
      - 1. 9/11/07 – 9:30 Business Meeting
      - 2. 11/13/07 – Dinner meeting
      - 3. 1/8/08 – 9:30 Business Meeting
      - 4. 3/11/08 – 9:30 Business Meeting
      - 5. 6/10/08 – 9:30 Business Meeting

Minutes taken by: Kristen Fletcher, MACVPR Secretary