

Mary Beth Linthicum, RN, RT
4924 Laurie Lane
Woolford, MD 21677

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U.S. POSTAGE

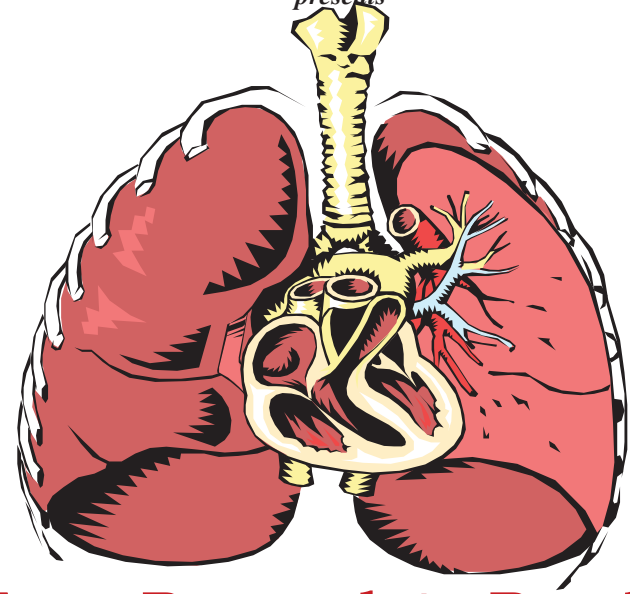
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HAGERSTOWN, MD
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*The Maryland Association of Cardiovascular
and Pulmonary Rehabilitation*

presents



From Research to Results
***Putting the newest information into
YOUR practice***

April 20, 2010

Crowne Plaza Baltimore

(formerly the Holiday Inn Select Baltimore North)

Timonium, Maryland

Intended Audience: Physicians, Nurses, Respiratory Therapists, Exercise Physiologists, Physical Therapists, and any healthcare providers working with cardiac and pulmonary clients.

5.0 CEUs: Continuing education credits have been applied for from the American Association of Cardiovascular and Pulmonary Rehabilitation (accepted by ACSM), as well as the American Physical Therapy Association. Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.

Program Schedule

- 7:30-8:00 AM... Registration and Continental Breakfast /
Welcome
- 8:00-9:00 AM... *Recent Research in Anti-Platelet Therapy as it
Relates to Interventional Cardiology*
Paul Gurbel, M.D.
- 9:00-10:00 AM... *Pulmonary Hypertension: Should They or
Should They Not Exercise?*
Dimitry Zubkus, M.D.
- 10:00-10:30 AM... Break/Visit Vendors
- 10:30-11:00 AM... *Reimbursement and Legislative Update for
Cardiac and Pulmonary Rehab*
Debra Lund, M.S., FAACVPR
- 11:00-11:30AM... *Medical Yoga Interactive Demonstration*
Sara Stees, M.S
- 11:30-12:45 PM... Lunch/Visit Vendors
- 12:45-1:45 PM... *Exercise and Weight Loss for Preventing the
Cardiovascular Consequences of Diabetes and Pre-
Diabetes*
Kerry Stewart, EdD, FAACVPR
- 1:45-2:45 PM... *Cardiovascular Risks and Effect of Cardiovas-
cular Medication on Exercise*
James Ziccardi, D.O.
- 2:45-3:00 PM... Wrap-Up and CEU Distribution

**Crowne Plaza Baltimore
2004 Greenspring Drive
Timonium, MD 21093
410-252-7373**

Please call the hotel directly for room reservations. Mention
MACVPR to obtain the discounted rate of \$95/night, plus tax.
Make sure to book your room by March 19th!

Registration

Please register by April 6th, 2010. MACVPR members \$110 (if 2010 dues have been paid); non-members \$135; full-time students (≥ 9 credits) \$55.

Please make checks payable to **MACVPR**. We are not able to accept credit cards at this time. We apologize for any inconvenience.

Mail checks to:
Mary Beth Linthicum, RN, RT
4924 Laurie Lane
Woolford, MD 21677

Name: _____

Email (to send confirmation): _____

Address: _____

Telephone: _____

Institution: _____ Job type: _____

Distinguished Faculty

Paul Gurbel, M.D., F.A.C.C.
Center For Thrombosis Research
Sinai Hospital
Baltimore, MD

Dimitry Zubkus, M.D.
Wellspan Lung, Sleep, and Critical
Care
York Hospital,
York, PA

Debra Lund, M.S., RCEP, FAACVPR
Cardiopulmonary Rehabilitation
Baltimore Washington Medical
Center
Glen Burnie, MD

Sara Stees, M.S., RCEP
Cardiac/Pulmonary Rehabilitation
Upper Chesapeake Health
Bel Air, MD

Kerry Stewart, EdD., FAACVPR
Professor of Medicine; Director of
Clinical and Research Exercise Physi-
ology; Director of Cardiac Rehabilita-
tion and Prevention
Johns Hopkins Medicine,
Baltimore, MD

**James Ziccardi, D.O., F.A.C.C.,
FAACVPR**
Clinical Associate Professor, Dept. of
Medicine, University of Medicine and
Dentistry of New Jersey, School of
Osteopathic Medicine
Stratford, NJ